# **Health Scavenger Hunt**

**Directions:** Health makes news! To prove that, in one or more days’ newspapers, find the items listed below. Add to the list.

1. Someone with a health problem
2. A risky behavior
3. A place where health and safety are issues
4. A columnist who answers questions about health
5. A person asking for advice about health issues
6. An ad for a health product or program
7. A person who is physically fit
8. Someone who works in a health career
9. A help wanted ad for a health professional

10. A stock listing for a pharmaceutical or other company that sells health goods and services

11. A restaurant ad

12. A grocery ad that includes a favorite food item

1. A recipe that is low in calories and fat (and appeals to you)
2. A comic dealing with child/ parent relationship
3. A sports story involving an employee/ employer, such as player and coach or manager or coach or manager and owner

16. A story where the parties are attempting to resolve a conflict

17. An example of positive communication

Follow-up:

From what you find about health, select one to read. Have a black and colored pencil/pen and highlighter in hand.

1. Underline any facts you find.
2. Circle any opinions.
3. Draw a squiggly line under any information you find that you expected to find or wanted to know.
4. Box information you were surprised to find.

e. Use a colored pencil/ pen to highlight anything you want to remember.

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